



Communicating with Parents

By Laura Woodman, MSc

*Created by
Carla Joseph,
from Facebook
artist page
Hummingbear
Cree-ations*





Lessons I've Learned

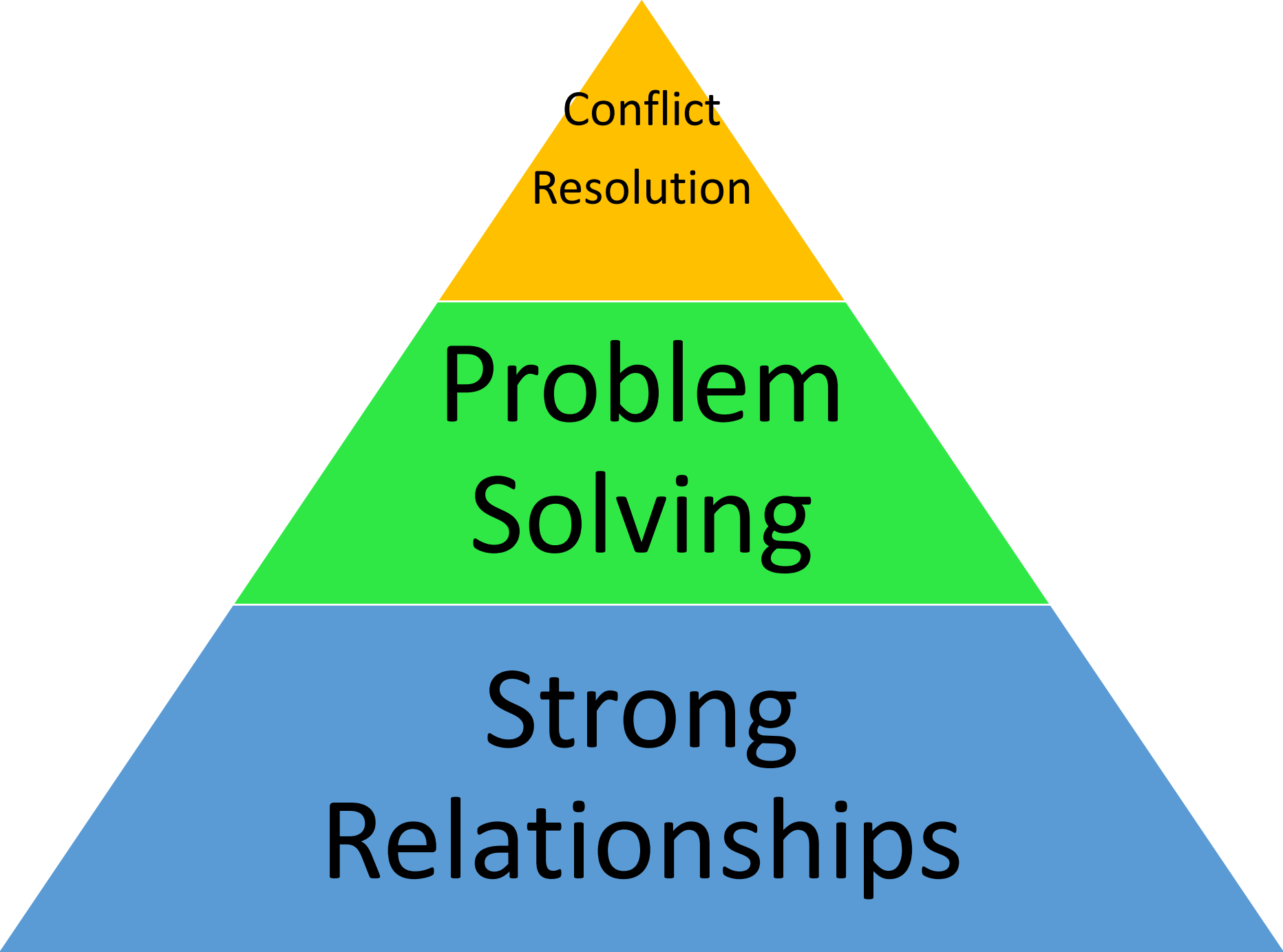


Methods and Types

Positive Foundations

Problem Solving

Conflict Resolution



Conflict
Resolution

Problem
Solving

Strong
Relationships

Methods and Types



Compose

- Inbox
- Unread
- Starred
- Drafts 220
- Sent
- Archive
- Spam
- Trash
- Less
- Views Hide
- Photos
- Documents
- Travel
- Tutorials
- Folders Hide
- + New Folder
- Notes
- Petitilichic@yah...

To [Redacted] CC / BCC

Wednesday

Hello parents,

This morning we baked lemon raisin loaf, and the children were all excited about how lemons smell. They had so many questions and were so interested that next week I will grab some lemons for us to zest, and make juice and bake a tart with! After baking and snack, we headed outside. S [Redacted] loves tasting the snow, and K [Redacted] and K [Redacted] really enjoyed wheeling the cars around the yard. N [Redacted] and S [Redacted] played on the slide and made snowballs.

Send [Attachment] [GIF] [Emoji] [Link] [B] [I] [Color] [AA] [More] Saved [Trash]

POSTS LIKES FOLLOWING ARCHIVE

Snow Play - Inside!

This week has been a deep freeze in Edmonton, and while the children were angels on Wednesday, by Thursday they had had enough of being cooped up inside! To brighten our day a little, and take advantage of the season as best we could, I scooped up some clean snow for us to enjoy indoors.



They loved it! It's so much fun to make shapes in snow without needing mittens, and I was very proud of how they kept the snow in the containers. Visions of snow and melting slushy water everywhere did not come to pass, thank goodness. Next time we will try painting the snow, or adding sticks and stones to make mini indoor snowmen!

Sunshine Dayhome

Director's Message

There are many things to look forward to and be grateful for in this autumn season. We have many reasons to celebrate, including Halloween, Thanksgiving, and the turning of the seasons. Activities here will flow around those events, to connect the children to the cycles of life and nature around us. We will be harvesting and preparing food from the garden together, and then enjoying the satisfying work of ripping out the old plants (children LOVE this!) as we put the garden to rest for the winter. As the days get cooler, we will transition from sun hats to winter ones, and exchange our light summer sweaters for more robust outerwear. To prepare, please keep in mind that hats should cover the ears, mitts will be needed on a daily basis, and if you don't have a one-piece snow suit I can supply a clean one for your child's use this season. We play outside every day, and warm children are happy ones! Thank you for supporting me in their nature play throughout the year.



Practicum Student

Something very exciting is happening this fall – Sunshine Dayhome is welcoming a Waldorf early childhood practicum student! Kaitlyn will be joining in our days for a month starting mid-October. Though she won't be directly supervising the children, she will work with me in activity planning, nature play, and much more. I look forward to welcoming her, learning with her, and sharing the wonder of our days together! I am also very excited for the increased opportunities this will create, and the additional set of hands is most welcome. Please ask if you have any questions!

Special Days

Monday, Oct. 9	Thanksgiving
Tuesday, October 31	Halloween
Saturday, Nov. 11	Remembrance Day
Monday, Dec. 25	Christmas
Tuesday, Dec. 26	Boxing Day – Dayhome Closed

*Please note that this year for winter vacation, the dayhome will be closed starting Tuesday January 2, and reopen Wednesday January 10.



"The laughter of a child is the light of the home" -Anon

Fun Days

Halloween Party! <i>Thursday, October 31</i>	Pyjama Day! <i>Wednesday, November 22</i>	Festive Family Get Together! <i>Friday, December 22</i>
For this magical day, we will create a craft and share some frightfully delicious food together. Because I know tonight will be a sugar-filled whirlwind, we will try to focus on savory spookiness here. We will also listen to some special spooky stories!	This is always a favorite, and your most-loved teddy makes it even more fun! Dress up in your best PJ's and remember to bring your furry stuffy friend to share hot cocoa, cuddles, and a snugly cuddly day here.	Every December, Sunshine Dayhome welcomes all of our families together for a pot luck afternoon snack. Please join us between 3 and 5 with your favorite finger food appetizer, as we celebrate this special time.



Continuing Education

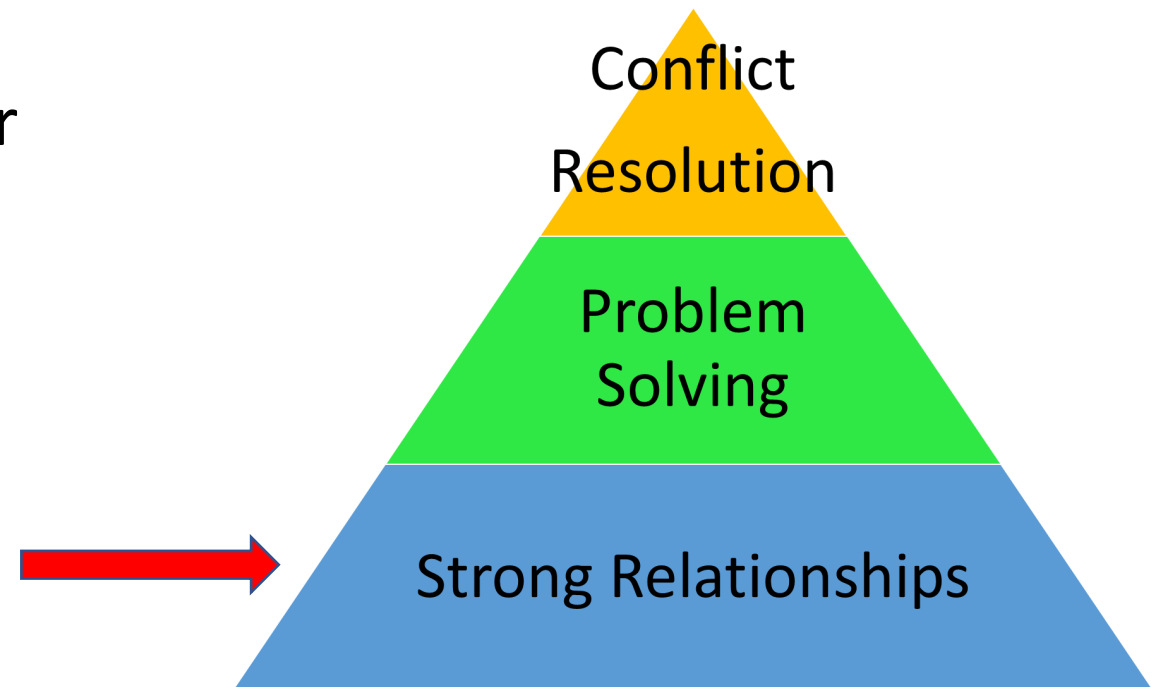
This semester, the two courses I am taking for my Child and Youth Care degree work at the University of Victoria are centered upon Indigenous contexts, and developmental theory. Both topics are fascinating to me, and I look forward to applying the new knowledge I gain to the work I do in Sunshine Dayhome. In particular, embracing Aboriginal customs by trying some new traditions and meals will be fun, as well as growing a deeper understanding of how children develop and how to best support that in our days together here. Please ask if you have any further questions, I am always happy to share my studies with you!

Warm, Hearty Meals

One of the things I most look forward to in the fall is returning to filling and nutritious meals that are just too hot for summer days. The children have really been enjoying planning our weekly soups together, like split pea and ham, lentil vegetable, and simple hamburger. Another favorite category is casseroles. I really appreciate how quickly they come together, then you pop them in the oven and forget it for an hour! We will be trying crunch-top tuna, shepherd's pie, cheeseburger casserole, and nacho chicken bake, all of which are old favorites here. I like to improvise a bit and make each dish our own, for example always upping the veggies and protein!

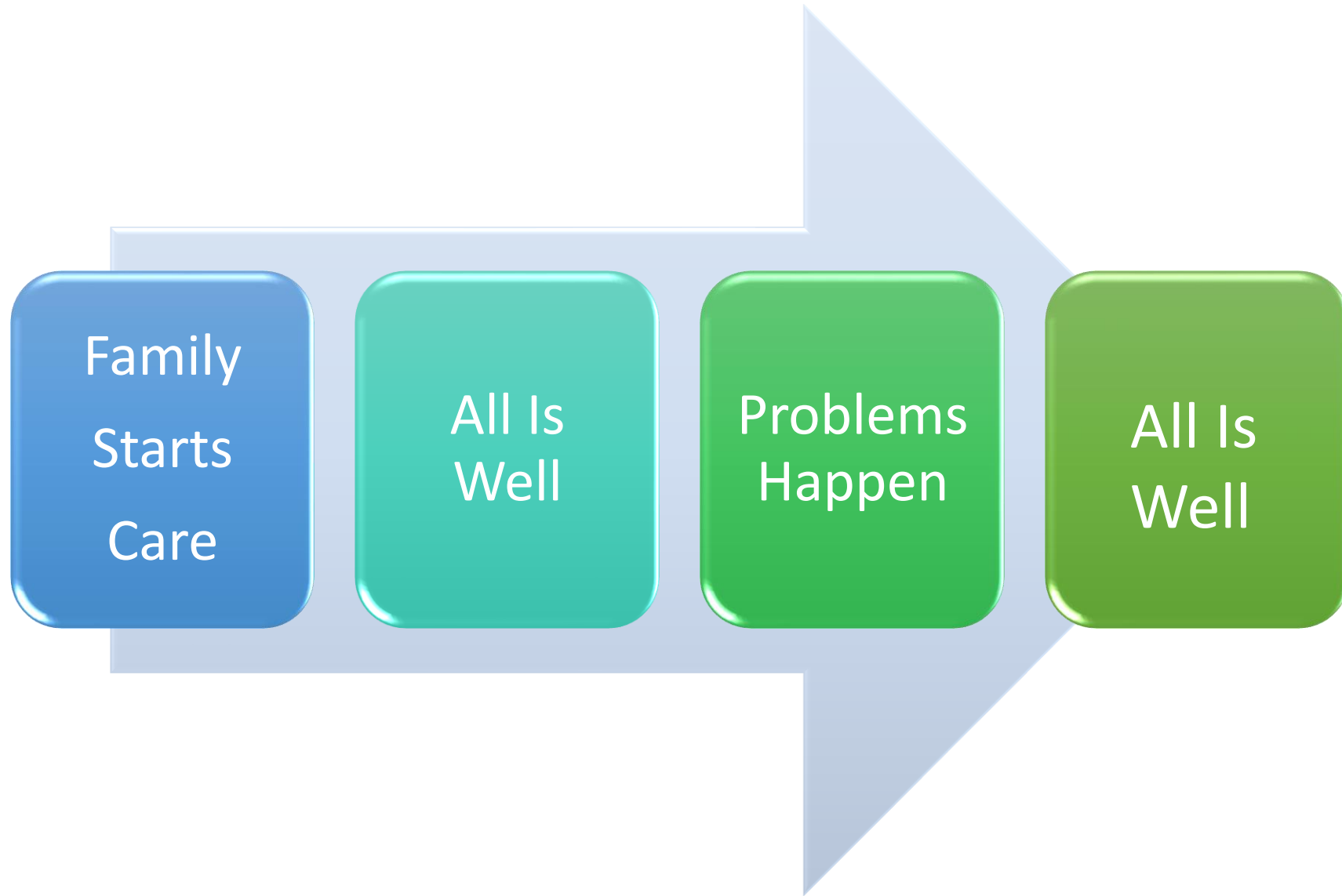
Positive Foundations

- Open lines of communication
- People are happy
- Stress levels are low
- Problems are easily solved together
- Children are well cared for





**DREAM
JOB
AHEAD**



Phone Call

Hours and Days of Care	Age of Child	Cost
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Interview

Allergies and Medical	Nap Time	Goodness of Fit
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Starting and During Care

Maintaining Boundaries	Clear Communication	Following Through
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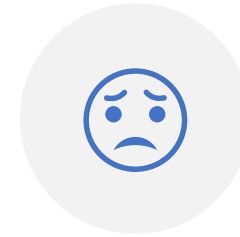
Questions or Comments about
Building a Strong Foundation?

The ultimate goal is to support the children in a way that works best for everyone involved.

The best way to provide excellent care for children, is to make sure you are caring for yourself!



WE ARE ROLE
MODELS



OUR STRESS
AFFECTS THEM



WE CAN WORK
BETTER IF WE ARE
HAPPY AND WELL



PREVENT BURN
OUT!

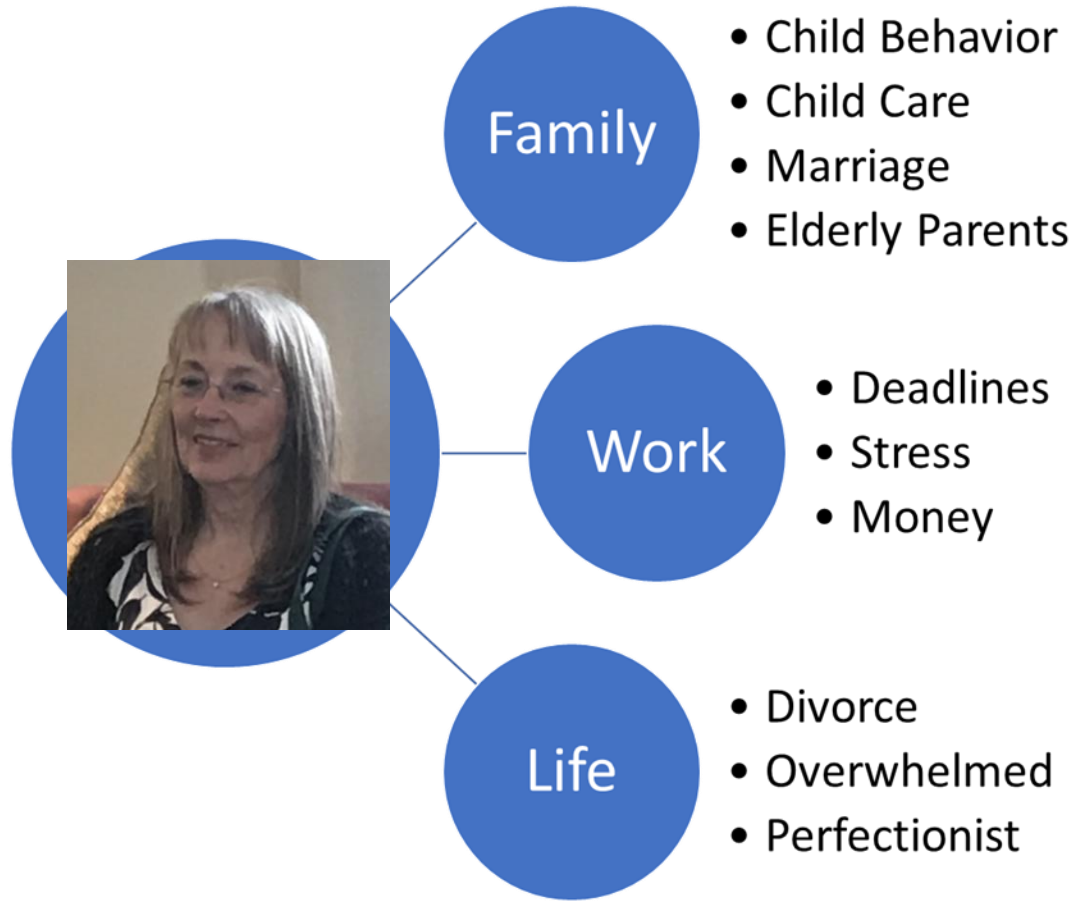
Supporting Parents

- Focus on the positive
- Praise them!
- Educate
- Offer resources



Educating Parents







Divorce

Problems



FOOD: WHAT THEY EAT
HERE, OR AT HOME; WON'T
EAT, OR NEED TO EAT



TOILETING! WHO DOES IT,
WHAT ABOUT ACCIDENTS,
PULL UPS, NAPPING ...



RESPECT – HITTING AT THE
DOOR, STEPPING ON
FLOWERS, LITTERING TOYS



PERSPECTIVE TAKING (CAN'T
YOU JUST ... I NEED YOU TO
...)



TIME: PICK UPS AND DROP
OFFS

Issues

Parent: My child has a bad diaper rash

Parent: I'm worried about their nutrition

Parent: They say another child hit them

Educator: Your child's a biter

Educator: I'm concerned about their development

Educator: I need you to pick them up on time



Problem Solving

Is it worth it?

Give it time

Developmentally
appropriate

Problem
Solving:
Right Time,
Right Method





Solving Problems

- Reflect back
- Compromise
- Know your limits.
- Be empathic
- Always focus on the needs of the child

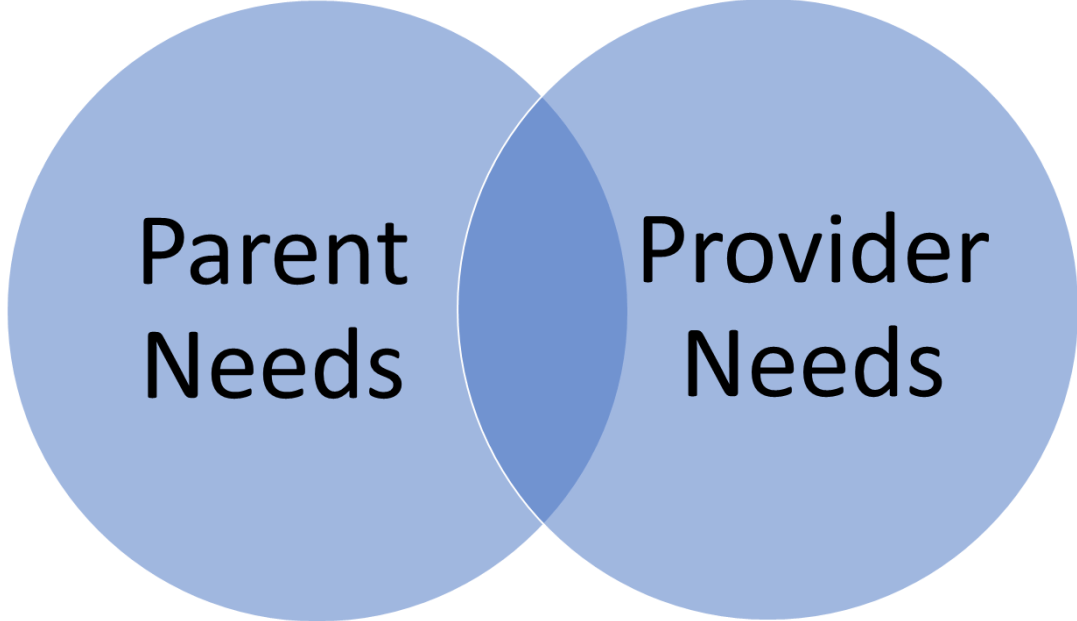
Reflect Back

- “I hear that . . .”
 - “So what you’re saying is . . .”
 - “It sounds like you want me to . . .”
1. Identify the issue
 2. Propose a solution
 3. Confirm that it’s mutually agreed upon





Compromise
& Limitations




Parent
Needs

Provider
Needs



What are
some
examples of
compromise?



There is something
wrong with your child.

Curiosity

Can I keep a closer eye

Concern

This may be a problem

Plan

Here's what we can do (resources!)

Seed or
Sandwich



← Positive Feedback

← Constructive Feedback

← Positive Feedback

Conflict Resolution

1

Focus on the needs
of the child

2

Compromise, be
clear, and maintain
your boundaries

3

Remember, the
agency is there to
help!

😂😂😂😂 Hell no!

Are some parents for real? She sent baby last Wednesday and he was pooping and puking here till 2 o'clock. I spent my entire weekend grossly sick with a stomach bug. This baby also has chicken pox, but she tells me don't worry the spots are only red right now, they haven't blistered yet. 🙄🙄

🙄 No I will not take your baby.

I have important doctor appointments on Wednesday, would you be ok watching everett for the morning even if hes puking? I'm not able to bring him to these and its imperative I'm there

🙄🙄 4

15 Comments



*Not my circus,
not my monkey!*

— Polish Proverb

Phone Call		
Hours and Days of Care	Age of Child	Cost

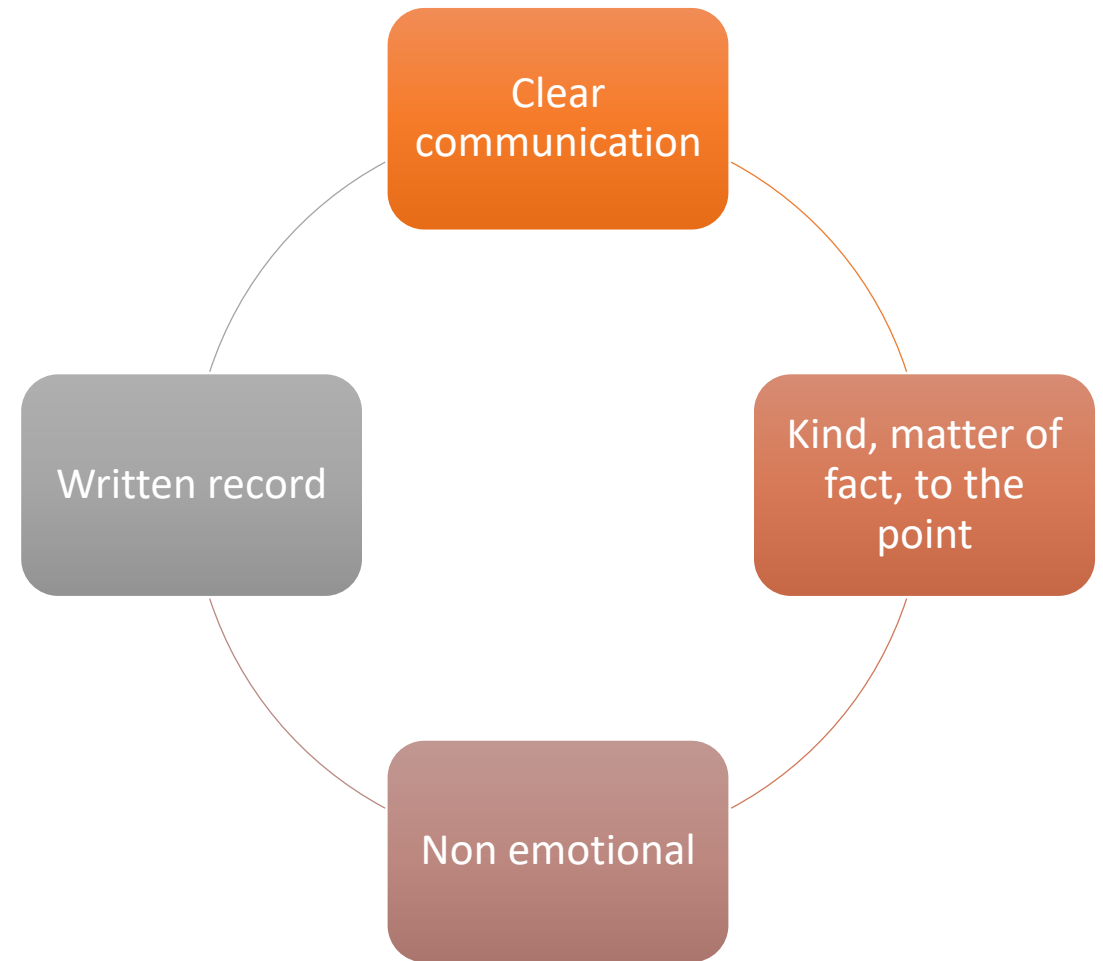


Interview		
Allergies and Medical	Nap Time	Goodness of Fit

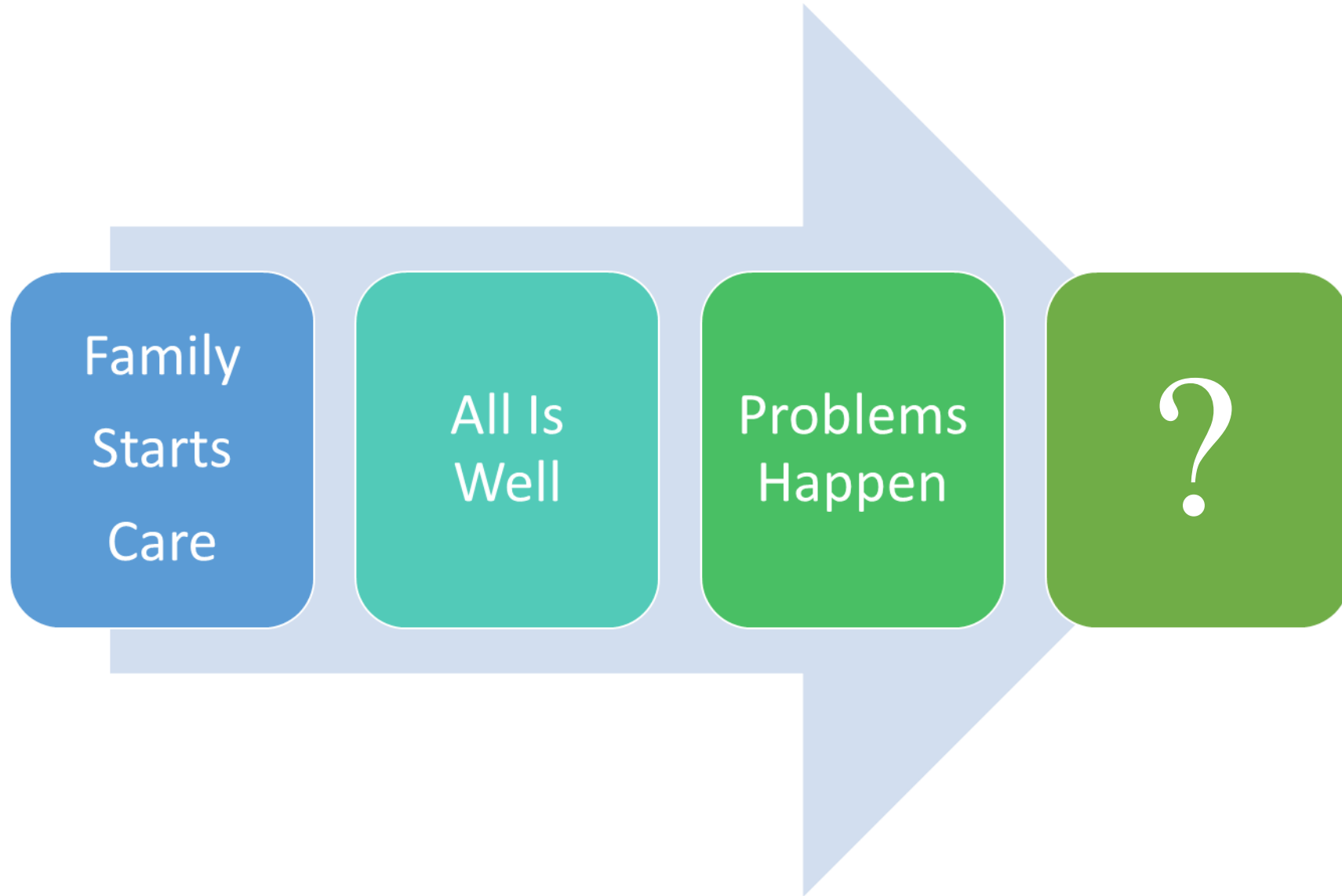


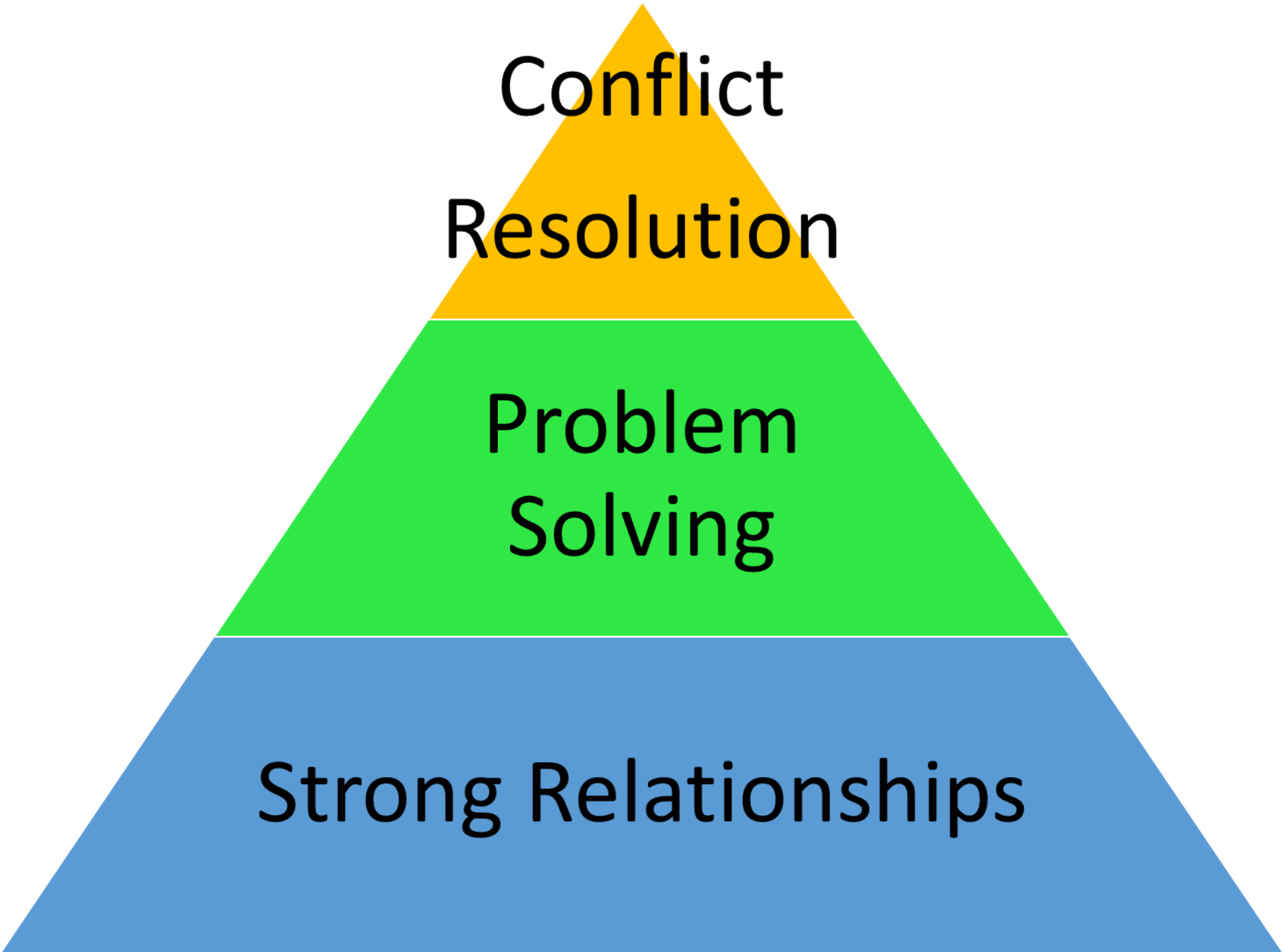
Starting and During Care		
Maintaining Boundaries	Clear Communication	Following Through

Conflict Resolution



All is Well.





Conflict
Resolution

Problem
Solving

Strong Relationships



This may not be
the right day
home for you.

Issues



MY CHILD SAYS HE
DOES NOT EAT



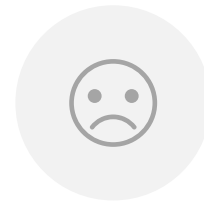
HE WON'T GO TO
SLEEP BEFORE
MIDNIGHT



I WANT TO STAY
HOME BUT CAN'T



I THINK HE'S BEING
PICKED ON



HE HATES GOING TO
PLAYGROUP



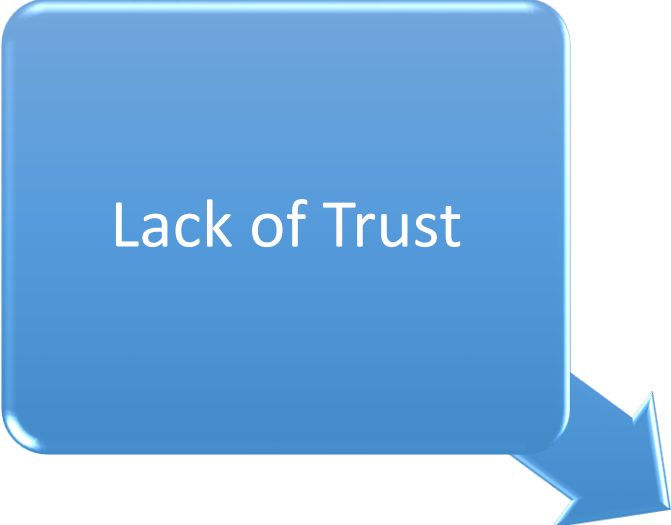
I'M CONCERNED
ABOUT YOU
CROSSING THE ROAD

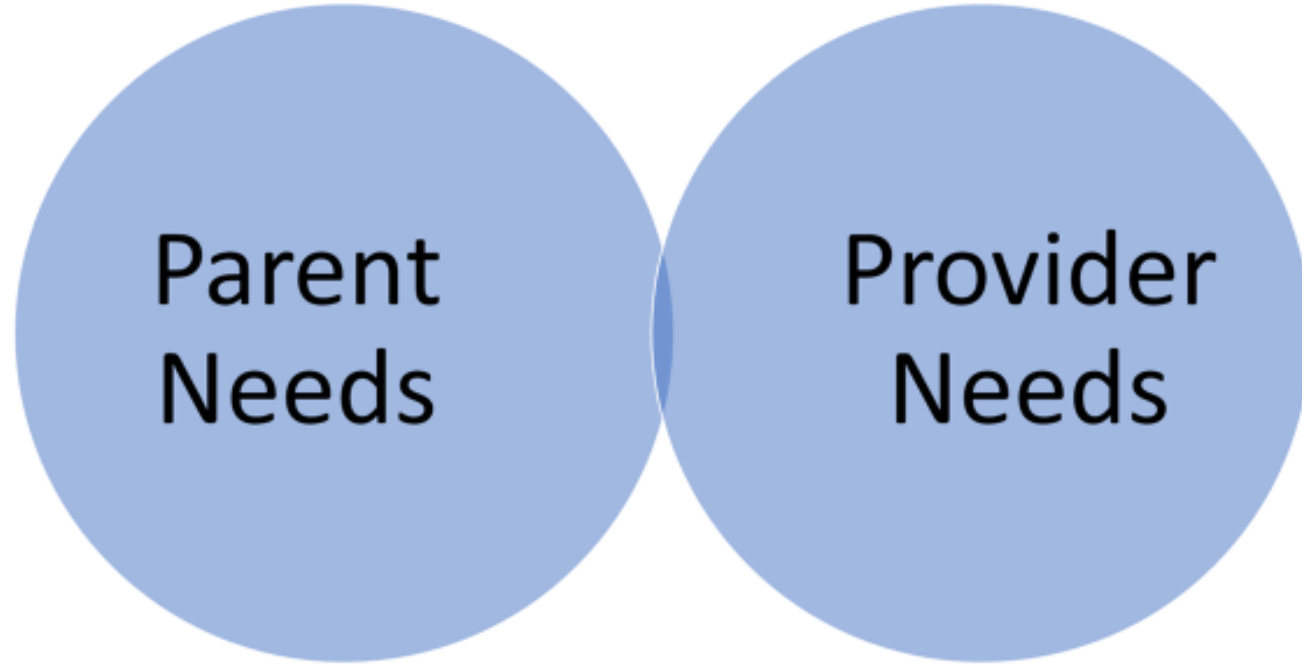
Lack of Trust

Misunderstanding

Family Pressure

Weak
Relationship





Parent
Needs

Provider
Needs

Building Relationships

- Choose families carefully
- Establish trust and respect
- Show that you care

A yellow diamond-shaped sign with a black border and two mounting holes at the top and bottom. The sign is mounted on a silver metal post. The background is a sky with soft, wispy clouds, transitioning from a pale blue at the top to a warm orange and yellow at the bottom, suggesting a sunset or sunrise. The text on the sign is in a bold, black, sans-serif font.

**DREAM
JOB
AHEAD**

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